

Salad

Garden Salad

Mixed baby greens, cherry tomatoes, radish, cucumber, red onions, bell pepper, balsamic vinaigrette (GF/DF/V)

Spinach Salad

Baby spinach & arugula leaves, local berries, goat cheese, red onions, poppyseed vinaigrette (GF/V)

Caesar Salad

Romaine lettuce, crispy bacon bits, parmesan cheese, garlic croutons, classic caesar dressing

Boston Bibb Salad

Boston bibb lettuce, seasonal roasted peaches, Niagara Gold cheese, honey & white balsamic vinaigrette (GF/V)

Caprese Salad

Heirloom tomatoes, mozzarella, fresh basil, balsamic glaze (GF/V)

Greek Salad

Local tomatoes, cucumber, green bell pepper, feta, kalamata olives, garlic & oregano dressing (GF/V)

Broccoli Salad

Broccoli fleurettes, bell pepper, red onion, shredded carrots, raisins, sunflower seeds, sweet & creamy dressing (GF/V)

Italian Pasta Salad

Bell pepper, red onion, roma tomatoes, cucumbers, oregano & red wine vinaigrette (DF/V)

Carrot & Feta Salad

Marinated spiral carrots, dehydrated olives, pickled onions, vegan feta, date molasses & citrus dressing (GF/DF/V)

BBQ Favourites

Coleslaw

Shredded green & red cabbage, apples, carrots, green onions, fresh ginger & apple cider vinaigrette or creamy dressing (GF/DF/V)

Creamy Red Skin Potato Salad

Homemade classic with real mayo, fresh herbs, diced peppers and green onions (GF/DF/V)

Macaroni Salad

Celery, red onions, house made pickles & fresh herbs, tossed in a creamy dressing (V)



All menu items are prepared fresh, and may be adjusted to accommodate special diets: Vegetarian, vegan, gluten free, dairy free, nut free